

## RESIDENT OF THE MONTH

### Connie Rodriguez

Connie was born in Mexico City, Mexico on December 8th, 1925. Connie met her husband, Angel Rodriguez at a church in Mexico City before she started college to become an Elementary School Teacher. Angel and Connie were married on June 24th, 1951. Connie has four children; Raquel (Rachel), Abigail (Abi), Aholiab (Oli), and Vasthi. Connie and her husband worked with the Salvation Army a total of 40 years. They spent 7 years in Mexico and 33 years in the United States. Seven years were spent doing missionary work and 33 years were spent as both of them being Officers of the Salvation Army. Connie enjoys spending time with her children, grandchildren, and great grandchildren.



## UPDATES

We have had some exciting changes in staff this past month.

Brenda Pearson is now our Kitchen Manager and Annette Brewer is our full-time cook! These two are a wonderful mix for our Bickford kitchen. We look forward to their meals each and every day!!

We have welcomed a new Administrative Assistant, Tonia Steele to our Bickford Family!

Tonia comes with a lot of skills and experience and will be a great asset to Bickford Family!

Can you believe that December has come and gone already?!

We here at Bickford hope that you and your loved ones had a wonderful Christmas.

We are excited to step into the new year with each and every one of you!

December was a fun festive filled month here at our Hickory branch.

A lot of Christmas spirit filled our cottage the entire month including a lot of Christmas music and carols!



# Omaha Hickory HAPPENINGS

JANUARY

## NACHO TYPICAL FAMILY COUNCIL

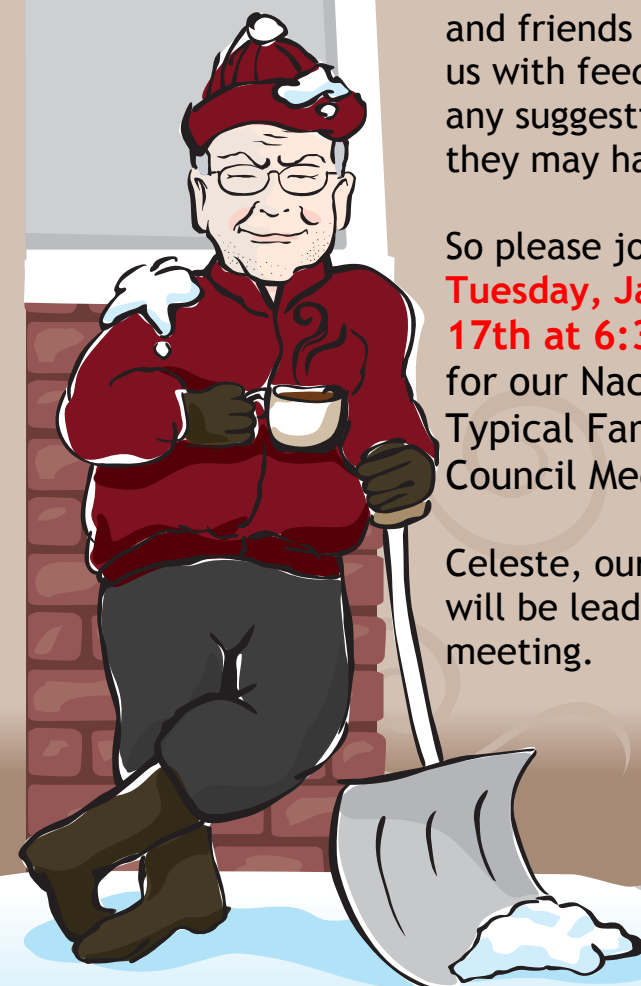
Our mission here at Bickford is to "Enrich Happiness" of our residents. In order to accomplish this, it is important to have the residents' families and friends provide us with feedback and any suggestions they may have.

So please join us on **Tuesday, January 17th at 6:30pm** for our Nacho Typical Family Council Meeting!

Celeste, our Director, will be leading the meeting.

We understand that this is still a busy time of the year, so we would like to treat families and friends to a nacho bar while we have a great group discussion!

Please **RSVP** to Allie by **January 15th** at 402-391-3000.



*Bickford*  
assisted living

# Residents Birthday's:

Nona Wallin- January 16th  
 Alice Adams- January 20th  
 Eunice McKain- January 30th  
 Tony Distefano- January 31st

Happy Birthday from your Bickford Family Members!!

## Welcome to Bickford!

Apt. 401- Norm Sedlak  
 Apt. 403- Dorothy Gomez  
 Apt. 305- Lori Wickersham  
 Apt. 202- Helen Muldrew



S M T W T F S

New Year's Day  
 10a- Senior Motion  
 10:30a- Facts about New Years  
 11a- Mass  
 2p- Rainbow Bites  
 3p- Chaplain Ron

10a- Simon Says  
 10:30a- One Question- One Answer  
 11a- Mass  
 2p- Football & Snack  
 3p- Chaplain Ron

10a- Chair Yoga  
 10:30a- One Question- One Answer  
 11a- Mass  
 2p- UNO  
 3p- Chaplain Ron

10a- Chair Exercises  
 10:30a- One Question- One Answer  
 11a- Mass  
 2p- Bullseye Game  
 3p- Chaplain Ron

10a- Sittercise  
 10:30a- One Question- One Answer  
 11a- Mass  
 2p- Kings Korner  
 3p- Chaplain Ron

9:15a- Chair Exercises  
 10a- Matching Game  
 2p- BINGO  
 3:15p- Rosary  
 6p- Movie Monday

9:15a- Noodle Ball  
 10a- Hot Chocolate & Stories  
 2p- BINGO  
 6p- Movie Monday

9:15a- Simon Says  
 10a- Guess Who Game  
 2p- BINGO  
 3:15p- Rosary  
 6p- Movie Monday

9:15a- Senior Motion  
 10a-Name-that-tune  
 2p- BINGO  
 6p- Movie Monday

9:15a- Chair Yoga  
 10a- Fun Facts about January  
 2p- BINGO  
 3:15p- Rosary  
 6p- Movie Monday

9:15a- Chair Yoga  
 10a- Devotions  
 1:30p- Christine-Singer  
 3p- Brain Teasers  
 6p- John's Bible Study

9:15a- Senior Motion  
 10a- Devotions  
 2p- Snowman Bowling  
 3p- UNO Attack  
 6p- John's Bible Study

9:15a- Sittercise  
 10a- Devotions  
 2p- Fontenelle Forest  
 3p- Popcorn Social  
 6p- Nacho Typical Family Council Night

9:15a- Chair Yoga  
 10a- Devotions  
 2p- Brain Teasers  
 3p- Mystery Balloon Sensory Game  
 6p- John's Bible Study

9:15a- Senior Motion  
 10a- Devotions  
 2p- Social Walk  
 3p- Resident Council  
 6p- John's Bible Study

9:15a- Noodle Ball  
 10a- Boggle  
 2p- Chaplain Laura  
 3p- Distraction Game  
 6p- Rocket Toss

9:15a- Stretch & Flex  
 10a- Current Events  
 2p- Chaplain Laura  
 3p- Boggle  
 6p- Bullseye Game

9:15a- Senior Motion  
 10a- Reminiscing Game  
 2p- Chaplain Laura  
 3p- Tongue Twisters  
 6p- Wii Games

9:15a- Stretch & Flex  
 10a- Word Search  
 2p- Chaplain Laura  
 3p- Joy Bartling-Animal Therapy  
 6p- Gator Ball

9:15a- Sittercise  
 10a- Reminiscing Game  
 2p- Spa & Manicures  
 3p- Bickford Bakers  
 6p- BINGO

Hat Day  
 9:15a- Hat Parade  
 10a- Guess Who  
 2p- Spa & Manicures  
 3p- Hats Galore  
 6p- BINGO

9:15a- Stretch & Flex  
 10a- Poetry Club  
 2p- Guess that Scent  
 3p- Spa & Manicures  
 6p- BINGO

9:15a- Seated Soccer  
 10a- Short Stories  
 2p- Sock-it-to-me  
 3p- Spa & Manicures  
 6p- BINGO

9:15a- Seated Soccer  
 10a- Poetry Club  
 2p- Popcorn Social  
 3p- Spelling Bee  
 6p- Bowl-O-Rama

9:15a- Chair Exercises  
 10a- Mad Gab Game  
 2p- Puzzle Time  
 3p- Word A Round Game  
 6p- Jingle Bell Toss

9:15a- Noodle Ball  
 10a- Distraction Game  
 2p- Auction  
 3p- Cupcake Wars  
 6p- Bean Bag Toss

Chocolate Cake Day  
 9:15a- Sittercise  
 10a- Cake Facts  
 2p- Paula- Singer  
 3p- Monthly Birthday Party  
 6p- Wii Games

10a- Stretch & Flex  
 10:30a- UNO  
 2p- Arts & Crafts  
 6p- Lawrence Welk

10a- Sittercise  
 10:30a- Coffee Chums  
 2p- Make Chocolate Spoons  
 6p- Lawrence Welk

10a- Chair Yoga  
 10:30a- Word Scramble  
 2p- Heartland Hoedowners  
 6p- Lawrence Welk

10a- Noodle Ball  
 10:30a- Guess Who  
 2p- Arts & Crafts  
 6p- Lawrence Welk

January

